

Sunday Breakfast Menu

Available 8:00am – 11:30am

Fresh fruit salad with yoghurt	8.50
Fresh fruit platter with vanilla ricotta	9.50
Toasted muesli with almonds – Strawberry salad – Fresh yoghurt	10.50
Caramelised banana pancakes With cream cheese, clotted lemon pudding, pecan and honeycomb dust	11.50
Fruity French toast With saffron syrup macerated strawberries and white chocolate brulee	12.50
Thin crepes – Strawberry cream – Mango almond – Nutella bananas	14.50
Eggs Benedict Toasted English muffin, poached eggs, asparagus, Virginian ham and hollandaise	15.50
Eggs Florentine Sauteéd baby spinach with poached eggs on toasted brioche and hollandaise	15.00
Full brekkie Fried eggs with crispy bacon, chipolata, roasted tomatoes, field mushrooms, potato gems and Texas toast	18.50
Balsamic tomato baguette Bacon and egg on balsamic tomato baguette with rocket leaves and robust olive oil	17.50
Casino Royale Soft egg on organic Tuscan bread with smoked salmon, sour cream, spring onions, red caviar and sauce choron	18.50
Potato hash cakes with rump steak Served with sunny side egg, grilled mushrooms and diced tomatoes	19.50
Three egg omelet Choice of filling: ham, mushrooms, tomato, cheese	12.00
Free range eggs Scrambled or poached on ciabatta toast	10.00
Side dishes	per serve 4.50
– Bacon rashers	
– Chipolata	
– Hash browns	
– Grilled tomatoes	
– Mushrooms	
– Baked beans	
– Wilted spinach	

Beverages

Smoothies & Shakes

Fresh fruit smoothie 8.00

Fresh seasonal fruits blended into a refreshing and healthy morning kick start

Power booster 9.50

Blend of pear, banana, low fat yoghurt or protein powder, peanut butter, orange juice and wheat germ

Banana almond crush 8.50

Blend of banana, honey, almonds, orange juice and yoghurt finished with nutmeg

Antioxidant smoothie 10.50

A blend of some of the best super foods; antioxidants, Acai berry juice and blueberries (two of the best antioxidant sources nature ever made) mixed with raspberries and vanilla yoghurt. Enjoy!

Apple pie smoothie 9.00

This is a healthy alternative to the real apple pie!

Contains 232 calories, 1 gram of fat and 15 grams of protein

Juice 4.00

Apple, Orange, Pineapple, Tomato

Coffee 4.50

Cappuccino, Flat white, Café latte, Long black, Espresso, Macchiato

Tea 4.50

English breakfast, Earl Grey, Chamomile, Lemon & ginger, Peach & passion fruit, Blackcurrant & apple, Raspberry & apple, Lemon twist, Green tea, Chai

Hot chocolate 4.50

Iced coffee 4.50

Iced chocolate 4.50